



# Indochina Delights

Classic Tour | 17 Days | Physical Level 1
Saigon - Hoi An – Hanoi - Halong Bay - Luang Prabang - Siem Reap

The perfect way to explore Indochina, tick off three countries with this fantastic introduction to the region. Featuring Halong Bay, Luang Prabang and the temples of Angkor, all the best sights are covered.

- See local life on the Mekong
- Learn ancient farming techniques in Hoi An
- Practice Tai Chi on Halong Bay
- Explore Hanoi by cyclo
- Be charmed by Luang Prabang
- Admire Kuang Si waterfalls
- Marvel at Angkor Temples
- Enjoy the Quintessence of Tonkin

#### **TOUR MAP**



# **INDOCHINA DELIGHTS TOUR INCLUSIONS:**

- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- All meals
- All sightseeing and entrance fees
- All transportation and transfers
- English speaking National Escorts (if your group is 10 or more passengers) or Local Guides
- Vietnam, Cambodia and Laos visa fees for New Zealand passport holders
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides
- Safe and secure with IATA

The only thing you may have to pay for are personal expenditure e.g. drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late check out and other items not specified on the itinerary.

# **CLASSIC TOURS:**

See the classic sights in the company of expert guides so you can really understand the history and culture of the destination. On our classic tours we take care of everything, leaving you to sit back and enjoy the experience to the full. The tours are fully inclusive with all meals and a comprehensive touring programme.



# **PHYSICAL LEVEL 1:**

All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights.

'Indochina Delights' is rated as a physical level 1 tour. A reasonable level of fitness is required but it's more about spending time on your feet rather than covering large distances. You'll be getting on and off coaches and boats, walking around the sights and climbing some steps.

- There will be sightseeing on foot for both short and extended periods of time
- You will be required to get on and off boats of varying sizes throughout the itinerary without assistance

Of course, our National Escorts and Local Guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

#### **JOINING YOUR TOUR:**

The tour is 17 days in duration including international flights. Please note that depending on flight schedules passengers may arrive/depart on Day 2.

Travellers booked on 'Land Only, the price includes visa fees and your arrival/ departure airport transfers if arriving/departing on the start and conclusion date of your tour. Please advise your international flight times to reservations. Join the tour on day 1 in Saigon and end the tour on Day 15 in Siem Reap. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure.



#### **DETAILED ITINERARY**

# Day 1-2: Arrive Saigon

Meals: D

Fly to Saigon, where you will be met at the airport in the arrivals hall by your Local Guide or National Escort. Together with all other group members who may be arriving at a similar time, you will transfer 45 minutes to your hotel and check into your room or store any luggage if your room is not ready yet. There is no sightseeing today.



# **Destination Information**

**Saigon** - The exuberant city of Saigon is driving Vietnam forward into the modern world, but is also a treasure trove of fascinating heritage. During the 1960s and early 1970s, Saigon was the Pearl of the Orient, which flourished under the American occupation. In more recent times, it was the seat of the South Vietnam government until the events that led to the country's reunification. Today, the old mixes seamlessly with the new and you can wander through timeless alleys to incense-infused temples before catching up with the present in designer malls beneath sleek skyscrapers.

Day 3: Saigon Meals: B, L, D

Explore bustling Saigon with its heady mix of local culture and colonial influences. You'll pass by the Notre Dame Cathedral, the Central Post Office, the Reunification Palace and the chilling War Remnants Museum. Later wander around Chinatown and visit the Thien Hau Pagoda. You will spend approximately 4 to 5 hours on foot today sightseeing.



Please note: The Notre Dame Cathedral will be under renovation until 2027. During this time, we are unable to enter the Cathedral; however, we can view it from the outside.

#### **Destination Information**

**Notre Dame Cathedral** - Influenced by French design and built between 1863 and 1880, the red brick exterior and 60-metre bell towers overlook downtown Saigon.

**Central Post Office** - Located next to the Notre-Dame Cathedral. The Central Post Office building was constructed in the late 19th century. It counts Gothic, Renaissance and French influences and was designed by Auguste Henri Vildieu and Alfred Foulhoux, but is often erroneously credited as being the work of Gustave Eiffel.

**Reunification Palace** - Built on the site of the former Norodom Palace, is a landmark in Ho Chi Minh City, Vietnam.



It was designed by architect Ngô Viết Thụ and was the home and workplace of the President of South Vietnam during the Vietnam War. It was the site of the end of the Vietnam War during the Fall of Saigon on 30th April 1975, when a North Vietnamese Army tank crashed through its gates.

**War Remnants Museum** - Comprised of numerous buildings displaying military equipment, photographs and artefacts relating to the Vietnam War from 1961-1975. This museum illustrates a harrowing period in this nation's history.

Day 4 Saigon Meals: B, L, D

Drive 2 and a half hours down to the picturesque province of Ben Tre situated along the mighty Mekong. This area is known as the 'Rice Basket of Vietnam', because its rich and fertile lands produce large amounts of rice, coconuts, vegetables and tropical fruit. Spend the day cruising and exploring these waterways by traditional Sampan boat. sightseeing involves hopping on and off these boats, often on unsteady and slippery surfaces, sometimes without handrails or assistance.



# **Destination Information**

**Mekong Delta** - Although primarily rural, the Mekong Delta is a densely populated area where life progresses around its fertile banks. The Mekong Delta is the 13th longest, and the 10th largest river by volume alone and people live, trade, travel and even go to school on the riverbanks. The rice which is cultivated in the many farming lands is said to be enough to supply the entire country with a little extra.

# Day 5: Saigon – Hoi An Meals: B, L, D

Confront the reality of guerrilla warfare at the Cu Chi Tunnels. The cramped tunnels were central to a few of the war's strategic operations, including the famous 1968 Tet Offensive, and they did not escape damage. American B52 bombers dropped hundreds of missiles leaving huge tell-tale craters behind. The Cu Chi experience can be emotional for some visitors, but it offers a fascinating window into the hardship and traumas of war. This afternoon, fly 1 hour and



20 minutes to Danang and transfer 45 minutes to the ancient town of Hoi An for your 2 night stay.

# **Destination Information**

**Cu Chi** - the tunnels of Cu Chi are an immense network of connecting underground tunnels located in the Cu Chi district of Ho Chi Minh City (Saigon), Vietnam, and are part of a much larger network of tunnels that underlie much of the country. The Cu Chi tunnels were the location of several military campaigns during the Vietnam War, and were the Viet Cong's base of operations for the Tet Offensive



in 1968. The tunnels were used by Viet Cong soldiers as hiding spots during combat, as well as serving as communication and supply routes, hospitals, food and weapon caches and living quarters for numerous North Vietnamese fighters.

**Hoi An** - Perhaps more than any other place in Vietnam, Hoi An retains the feel of centuries past. Once known as Faifo, Hoi An was an influential port along the Silk Road. For over 500 years merchants from China, Japan, France and Portugal settled in the prosperous town resulting in a distinctive blend of culture, cuisine, religion and architecture.

Day 6: Hoi An Meals: B, L, D

Enjoy a walking tour this morning of this laid back and traditional UNESCO listed town to see a traditional house occupied by the same merchant family that originally built it over 200 years ago, the bustling markets, Quan Cong Chinese Temple and the elaborate Japanese Covered Bridge.



Visit the Reaching Out Arts and Crafts Workshop and enjoy the rest of the day at your leisure to explore Hoi An's narrow and ancient streets or go to the beach.

# **Destination Information**

**Japanese Covered Bridge** – First constructed in the 1590s to link the Japanese and Chinese quarters of the town, this iconic pink hued bridge has been restored to its former splendour.

**Reaching Out** – Provides opportunities for people with disabilities to learn skills and gain meaningful employment. The arts and crafts workshop provides a platform for local people to showcase their talents.

# Day 7: Hoi An - Hanoi Meals: B, L, D

This morning, visit a local community farming project just outside of Hoi An - Tra Que village, where the community has come together to create a large vegetable farm. Learn the traditional methods the farmers use to plant, fertilise and harvest the crop, then try your hand at raking the ground and sowing seeds. Later, fly to the bustling city of Hanoi.





#### **Destination Information**

**Hanoi** - With a population of approximately 4 million, Hanoi is a charming and richly historic city of lakes, shaded boulevards and leafy open parks. The centre is an architectural museum piece housing groups of ochre coloured buildings holding the air of provincial French towns of the 1930s, a "Paris of the Orient" as people have called it.

# Day 8: Hanoi – Halong Bay

Meals: B, L, D

Drive around 2 and a half hours today from Hanoi to Halong, where you will take an overnight cruise to the farmost corners of the bay. Boarding your boat could involve navigating your way over and through other boats, moored between it and the dock, sometimes without handrails, ladders or assistance from staff.



Enjoy lunch onboard as you cruise out into the bay,

stopping to anchor for an afternoon of activities (which are subject to change due to cruise selection and weather conditions). Sightseeing includes visiting underground caves on the islands, which require climbing up and down steps inside and outside of the caves. End the day on deck with a drink in hand to watch the sunset over the bay followed by a freshly prepared dinner, before retiring to your cabin for the night. Sightseeing includes visiting underground caves Destination Information on the islands, which require climbing up and down steps inside and outside of the caves. End the day on deck with a drink in hand to watch the sunset over the bay followed by a freshly prepared dinner, before retiring to your cabin for the night.

You will need to pack a smaller overnight bag for your trip to Halong Bay. Main luggage will be left in safe storage at the hotel in Hanoi and picked up on your return.

Please note: Weather conditions such as mist, fog, wind, rain and storms may delay the departure time of your cruise, or in some cases your cruise may be cancelled. Notifications of any delays or cancellations may not be known until your group's arrival in Halong Bay. If your cruise is cancelled after your arrival in Halong Bay, you will have lunch in Halong City and return to Hanoi. If notification of the cruise cancellation is given prior to your departure for Halong Bay an alternative day trip will be arranged to Hoa Lu and Tam Coc or 'Halong Bay on Land', an area located approximately 2 hours from Hanoi. Our guides will make every effort to inform the group at the earliest possible moment should there be any itinerary changes.

# **Destination Information**

Halong Bay - Compared to the landscape of the limestone islets of Guilin in China and Krabi in southern Thailand, Halong Bay shares a common border with China in the north and harbours some of the most stunning scenery in Vietnam. Unique rock sculptures jut out dramatically from the clear emerald waters of the Gulf of Tonkin and numerous grottoes have created an enchanting, timeless world, looking out onto the horizon with the sails of the junks and sampans completing the picture.

Meals: B, L, D

Meals: B, L, D



Day 9: Halong Bay Meals: B, L, D

Spend the morning sailing through Halong Bay. After brunch disembark your cruise and return to Hanoi for an afternoon at leisure. This evening, attend The Quintessence of Tonkin show, an artistic open-air performance celebrating the rich history of northern Vietnam.



Day 10: Hanoi – Luang Prabang

This morning, pass the Ho Chi Minh Mausoleum, visiting the complex, the Temple of Literature and the Ngoc Son Temple. Later, experience an exhilarating cyclo ride through Hanoi's Old Quarter. Each cyclo takes one passenger and is operated by a cycle driver behind the carriage.



This afternoon, you will also have the opportunity to taste some traditional egg coffee. This evening, say goodbye to Vietnam and transfer to the airport for your 1-hour flight to Luang Prabang. .

# **Destination Information**

**Ho Chi Minh Quarter** - Dedicated to the father of modern Vietnam and where Ho Chi Minh's Mausoleum stands in Ba Dinh Square. Ho Chi Minh first declared independence from French rule in 1945.

**Luang Prabang** - The capital of Luang Prabang Province in northern Laos, lies in a valley at the confluence of the Mekong and Nam Khan rivers. It's known for its many Buddhist temples, including the gilded Wat Xieng Thong, dating to the 16th century, and Wat Mai, once the residence of the head of Laotian Buddhism.

# Day 11: Luang Prabang

Rise early this morning to view Takbat, a Buddhist ceremony before climbing Phousi Hill for panoramic views of the city. Visit Wat Xieng Thong before boarding a boat to cruise the mighty Mekong up to the sacred caves of Pak Ou, known for the hundreds of miniature Buddha sculptures that reside within. Return to Luang Prabang and visit the villages to witness the daily life of the local people.





# **Destination Information**

**Phousi Hill** - A 100m high hill in the centre of the old town of Luang Prabang. It lies in the heart of the old town peninsula and is bordered on one side by the Mekong River and on the other side by the Nam Khan River. The hill is a local religious site, and houses several Buddhist shrines. Halfway up the hill, overlooking the Nam Khan is Wat Tham Phou Si, a Buddhist temple. At the summit of the hill, overlooking the town and surrounding countryside, is Wat Chom Si, which is also a Buddhist temple and is a tourist highlight of Luang Prabang.

Wat Xieng Thong - A Buddhist temple (wat), located on the northern tip of the peninsula of Luang Prabang, Laos. Wat Xieng Thong is one of the most important of Lao monasteries and remains a significant monument to the spirit of religion, royalty and traditional art. There are over twenty structures on the grounds including a sim, shrines, pavilions and residences, in addition to its gardens of various flowers, ornamental shrubs and trees.

Pak Ou Caves – Near Pak Ou (mouth of the Ou river), the Tham Ting (lower cave) and the Tham Theung (upper cave) are caves overlooking the Mekong River, 25km to the north of Luang Prabang, Laos. They are a group of two caves on the west side of the Mekong River, about 2 hours upstream from the centre of Luang Prabang. The caves are noted for their miniature Buddha sculptures. Hundreds of very small and mostly damaged wooden Buddhist figures are laid out over the wall shelves. They take many different positions, including meditation, teaching, peace, rain, and reclining (nirvana).

# Day 12: Luang Prabang

This morning, visit the National Museum. Drive 1 hour to Kuang Si Waterfall, sightseeing at the waterfall will involve around 1 hour of light walking and on the way up to the waterfall you follow a bush walking track which has a slight

upward gradient. It is possible to take a swim in the river near the falls and if you wish to do this, please remember to bring along your swimsuit and a towel. Changing rooms are available on site. Return to Luang Prabang stopping at

Ban Na Ouane village and Ock Pop Tok Weaving Centre before a local Baci Ceremony.



Meals: B, L, D

# **Destination Information**

**National Museum** – Built in 1904 in the French colonial era, the original building was the Royal Palace but was later converted into a museum.

**Kuang Si Waterfalls** - A three tier waterfall about 29 kilometres south of Luang Prabang. The falls begin in shallow pools atop a steep hillside. These lead to the main fall with a 60 metres cascade. The falls are accessed via a trail to a left of the falls. Water collects in numerous turquoise blue pools as it flows downstream. The many cascades that result are typical of travertine waterfalls. There are walkways and bridges for your enjoyment. Most of the pools are open to swimming.

Meals: B, L, D



# Day 13: Luang Prabang – Siem Reap

Fly 1 and a half hours to Siem Reap. On arrival, you will visit SATCHA, an organisation working alongside local craftsmen to create high-end and traditional Cambodian arts and crafts.



# **Destination Information**

**The SATCHA Handicraft Centre** - A social enterprise showcasing traditional and high-end Cambodian art. Local creators are supported with materials and training to produce their crafts such as silk weaving and wood carvings, with many of the handicrafts available to purchase.

# Day 14: Siem Reap Meals: B, L, D

Spanning from the 9th to 15th century, the Angkor complex with over 1,000 temples was the seat of the thriving Khmer Empire. UNESCO manages the complex and to enter, your group will drive approximately 6km out of town to the main entrance gate to get your entrance passes, which you must carry with you.



If you choose to climb at any site, you must be able to climb

and descend without assistance. Begin at the temple of Ta Prohm, enveloped in a labyrinth of jungle before continuing to the city of Angkor Thom and the enigmatic Bayon, the Elephant Terrace and the Terrace of the Leper King.

This afternoon is devoted to the fascinating and awe-inspiring Angkor Wat. Next visit Banteay Srei to explore the Hindu temple before boarding a boat to view the sunset from the moat of Angkor Thom.

Please note: The Central Tower of the Angkor Wat complex is closed on Buddhist holidays and on all other days has a limited number of visitors allowed at any given time, under regulations from UNESCO. If you wish to visit this tower, you will be required to wait in the queue alongside all other visitors. The ability to do this will be determined upon the groups' schedule.

# **Destination Information**

**Ta Prohm** - Swallowed by the jungle where Strangler Figs and Kapok Trees have entwined themselves around the ruins. Undoubtedly, the most atmospheric ruin at Angkor with several towers, closed courtyards and narrow corridors to explore.

**Angkor Thom** - This fortified city is flanked by a row of 54 stone figures on each side, which leads you through a 23-metre imposing stone entrance gate to the various temples inside.



**Bayon** - Beautifully crafted central towers, decorated with four opposing faces representing King Jayavarman VII. Bayon's stone galleries display extraordinary bas-reliefs incorporating over 11,000 figures.

**Elephant Terrace and Terrace of the Leper King** - Giant viewing platforms used for public ceremonies, which served as a base for the King's grand audience hall.

**Angkor Wat** - Surrounded by a 190-metre moat and taking 30 years to build, Angkor Wat represents the Khmer civilisation at its grandest. With its fascinating decorative flourishes, extensive bas-relief and multiple tiers, it is the best-preserved temple within the complex.

**Banteay Srei** - A Hindu temple dedicated to Shiva and considered by many to be the 'Jewel in the Crown' of Angkorian art. The temple is cut from stone of a pinkish hue and contains some of the finest stone carvings in the world.

# Day 15: Siem Reap

Today, explore the less-visited Beng Mealea, a mysterious temple completely overrun by the jungle where you will explore on foot for approximately an hour and half. In the highwater season, you will also visit Kompong Khleang, a unique village on stilts. In the lower water season, you will visit Chong Kneas floating village. This evening, enjoy dinner whilst watching an Apsara performance.



# **Destination Information**

**Beng Mealea** - Dating from the 11th century, this sprawling temple covers over 1 square kilometre. Largely overrun by vegetation and constructed in a distinctly Angkor Wat-style, Beng Mealea precedes and may even have served as a 'prototype' for Angkor Wat.

# Day 16 - 17: Depart Siem reap

Meals: B

Meals: B, L, D

Any time before your flight is free at your leisure today. You will be transferred from the hotel to the airport, according to the departure time of your international flight. Fly to New Zealand, arriving home the same or following day.

Late check-out is not included in our Southeast Asia group tours. If you wish to book a late check-out for your final day, please contact our Reservations department who can confirm additional pricing and make this arrangement for you, subject to availability at the hotel.



#### INDOCHINA DELIGHTS TRAVEL INFORMATION

#### **VISAS:**

Entry visas are required by all visitors to Vietnam, Laos and Cambodia. Wendy Wu Tours Visa Department can assist you with the process of obtaining a visa. We will supply you with all paperwork if applicable and submit the visa application on your behalf. Please be advised that your passport must have at least six months validity left on it when you arrive back into New Zealand. Please note the visa procedures and requirements may change at any time. These changes are often made by the relevant embassy or consulate; Wendy Wu Tours acts as a third party and has no influence on the process of a visa. Currently a visa is required for New Zealand Passport holders. Your travel consultant will inform you if any changes are applicable prior to your departure.

# **INSURANCE:**

We strongly recommend that you take out a policy as soon as you pay your deposit. Wendy Wu Tours cannot in any way be made liable for any additional cost incurred by the customer on any tour due to the customer not having adequate travel insurance.

We also encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the original.

# **EATING IN SOUTHEAST ASIA:**

Southeast Asia is home to an incredibly rich food history. The local cuisine is known for its intense flavours, spices and some of the freshest ingredients you can find. In general, meals include either rice or noodles and are packed full of flavour. Lemongrass, ginger, lime leaves, coriander, fish sauce and soy sauce are used in most local dishes. Whilst Southeast Asian food has a reputation for being hot and spicy, each region actually has its own distinct characteristics.

Your itinerary has been carefully crafted to introduce you to a range of local dishes and we hope that you enjoy the culinary adventure ahead. All meals (excluding drinks) are included in our fully inclusive group tours from dinner on the day of your groups' arrival until breakfast on your day of departure. When dining in Southeast Asia, although some restaurants have adopted a western approach to dining, expect some restaurants to follow the traditional communal style of eating. Typically, this will mean each diner has their own small bowl and may serve themselves from a variety of shared dishes. At some local restaurants, appetizers and main courses might be served when they are ready instead of following a particular order.

Determining when it's appropriate to use chopsticks, forks or spoons can be challenging for some travellers, even other Asians, as each country has different customs. In Thailand and some other countries in Southeast Asia, fork and spoon are used for most dishes and chopsticks are typically provided to eat noodles.



Usually, chopsticks or other utensils are provided to scoop the food into your bowl to prevent your own chopsticks from touching the food that remains on the table. Dining in Southeast Asia is fairly casual with not too many rules. Leaving food on the plate is not considered rude.

# PLEASE INFORM US OF ANY ALLERGIES AND/OR SPECIAL DIETARY REQUIREMENTS AT TIME OF BOOKING

#### **DEVELOPMENT IN SOUTHEAST ASIA:**

Although Southeast Asia is developing quickly, it still lacks the international standards of civil infrastructure and tourist facilities. Concepts of personal responsibility are also different to those in New Zealand. Consequently, tourist and public facilities may not uphold the same safety standards as in New Zealand; for example, you may see a hole in the road without a warning sign or safety barricade. All of our suppliers meet local safety standards as a minimum. We want you to have an enjoyable holiday, so we ask that you take extra care, use your common sense, refer to notices and follow advice from you National Escort or Local Guides.

#### **TIPPING POLICY:**

Local tipping is customary in Asia. However, this can often lead to awkwardness in knowing when it is appropriate to tip and how much, as well as ensuring you have a suitable amount of change available at the time. For your convenience, with years of experiences in providing the best customer service, Wendy Wu Tours operates a kitty system on our Group Tours so your National Escort will look after this aspect of your trip for you. It also ensures that the amounts paid are reasonable for you but still fair for the local people. The amount is stated on each Group Tour page will be advised again on your final documentation. Tipping is in US Dollars and will be collected by your National Escort on arrival and distributed throughout the tour on your behalf. Any additional tipping on any of our tours is welcomed at your discretion. Further guidance for tipping contributions will be outlined in your final documentation.

We generally find that most customers appreciate the convenience of our tipping policy, but we do recognize that it may not suit everyone. However, as this is a group tour, we ask that everyone follows the same protocol to be fair to other group members and to ensure smooth operation of your tour.

#### **LUGGAGE:**

All travellers are limited to two items of luggage each; a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of five kilograms. It is essential that your luggage is lockable.

# **ACCOMMODATION:**

Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities.



Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between New Zealand and Southeast Asia.

All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Plumbing and electricity supplies can be erratic and quite often the power in hotel rooms is turned off while guests are out of the room. If you experience any difficulty, please speak to your National Escort/Local Guide. Rest assure that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your need.

# **VIETNAM, LAOS & CAMBODIA PUBLIC HOLIDAYS:**

If you are travelling within the below Vietnamese Public Holidays please note that celebrations can last a couple of days and during these times some businesses will be closed and coach, air and train travel may be affected. Tourist attractions will be open but may be crowded. Tet/Lunar New Year usually fall in January or February each year. International Labour Day is on 1st May every year; Reunification Day is on 30th April every year and National Independence Day is on 2nd September every year. In Laos, holidays include: International Women's Day - 8 th March and Laos New Year Holiday 14th – 16th April. In Cambodia: Khmer New Year is 14 th – 16 th April every year, the King's birthday is 13 th - 15th May and the Water festival is between 10th – 12 th November.

# **EXCHANGING CASH:**

It is highly recommended that extra care and attention is paid when exchanging money when travelling outside major cities in Thailand and Laos. US Dollars are easily exchanged throughout Thailand and Laos however other currencies such as New Zealand Dollars can generally be exchanged in hotels and airports provided notes are undamaged. We suggest for your convenience that you ensure your US Dollars are from the new series (2013 onwards) to avoid any difficulties exchanging money during your trip. Old series notes can be difficult to exchange.

We suggest exchanging your money before travelling to remote areas and smaller towns, as exchange facilities can be limited. Your National Escort will remind you to do this before departure.

# PERSONAL EXPENSES AND OPTIONAL TOURINGS:

Personal Expense - You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you.

Optional Tours - May be offered in each city you visit during your tour. These are not included in the standard itinerary and will only be available if time permits and if seats are available.

Please ensure you have additional funds available if you feel you may wish to participate in any extra activities. Each option will be arranged locally by your National Escort/Local Guide, participation and tipping for optional excursions is completely at your discretion.



#### **CLIMBING STEPS:**

Sightseeing at nearly all of the palaces, fortresses and some temples involves climbing quite a number of steps. These palaces were built to provide defence against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Hindu and Buddhist temples or pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries, who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully.

#### **APPROPRIATE DRESS:**

When visiting temples or mosques, both men and women should dress in conservative, non-revealing clothing. Full-length trousers with a shirt or t-shirt for men; and pants or skirts well below the knee with a top that covers the shoulders and upper arms for women. Women might also consider carrying a 'modesty shawl' in their daypack — this could be a sarong or light scarf — which they can wear over their shoulders and heads to feel more comfortable while sightseeing at mosques.

Religious sites and homes throughout Southeast Asia – for Hindus, Muslims or Buddhists to name a few – require all visitors to remove their shoes to enter. Even if you then need to walk outdoors, over hot or rough ground, you will not be allowed to wear shoes. You will often find shoe storage rooms near the entrance of a site where it is customary to leave your shoes near the entrance. Occasionally there are 'shoe minders' who will offer to keep your shoes safe for a 'tip' – this is not compulsory, so each customer can choose to tip for this service or not. If you do not want to remove your shoes, you will have to remain outside.

We recommend shoes that easily slip on and off and carry a pair of thick socks in your daypack, which you can wear to protect your feet from any rough or hot surfaces. The following itinerary will indicate when you need to consider this.

#### TRANSPORT:

Coaches: Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. However, minibuses may be used for smaller groups (under 10 passengers).

Roads in Southeast Asia have generally improved over recent years, but traffic and/or weather conditions may extend driving times. Road construction work usually covers an enormous section of road - not just one or two kilometres as you may be used to. For this reason, the timings listed in the itinerary are approximations only.



Seatbelts: Please note that seatbelts are not compulsory by law in Southeast Asia and therefore the local people largely choose not to wear them. For this reason, some vehicles may not be fitted with seatbelts or they may be hidden underneath protective seat covers. It is recommended that where seatbelts are available customers must use them and remain seated at all times while the vehicle is moving. If you have any concerns, please notify your National Escort/Local Guides.

Air: Internal flights are based on economy class, with reputable airlines. Pre-flight seat allocation is not available on internal flight sectors.

### **VACCINATIONS AND YOUR HEALTH:**

We recommend that you contact either your doctor or local Health Centre for advice on vaccinations and travel health. Safe Travel has a comprehensive website that you may also find useful www.safetravel.govt.nz

# **BEFORE YOU LEAVE:**

We strongly recommend registering your travel plans with <a href="www.safetravel.govt.nz">www.safetravel.govt.nz</a> as in the event of an emergency, New Zealand Consular assistance will be more readily available.

Up until the day you travel, it is vital you keep up to date and familiarised with the entry requirements as these can change at short notice. You are personally responsible for completing any entry forms, conducting any covid tests (if necessary), etc and adhering to countries' specific entry requirements.

You can also access the New Zealand Government's travel advisory service for up-to-date information about your destination on the same website.

# **AFTER YOUR BOOKING:**

Once you have booked with Wendy Wu Tours, you will receive a confirmation along with a link to our website where you can find your visa information (if applicable) and other important information. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.

# **ITINERARY CHANGES:**

It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate; in these circumstances we will make the best possible arrangements whilst maintaining the integrity of your trip.

Updated: Dec 2023